

Basic Life Support Course

Basic Life Support Course Overview

Basic Life Support Training is a legal requirement in many sectors to ensure that staff are able to assist in the event that a casualty stops breathing. This course is designed to refresh, or give learners the confidence and skills in basic life support should they need to use them.

Basic Life Support Course Syllabus

- × Primary Assessment
- × Secondary Assessment
- × CPR

Basic Life Support Course Duration

2-3 hours, usually run over ½ a day 9:30 - 12:30 or 13:30 - 16:30. *This can be adjusted to meet your needs.*

Basic Life Support Prerequisite

There are no formal prerequisites for this course

Please inform us of any learning or physical special needs that any delegates may have prior to the course, so that we can cater for these.

Basic Life Support Course Assessment Process

This course is continually assessed by our trainer. If required we can carry out formal assessments on your staff for any due diligence check you may require, please speak to us for details.

Basic Life Support Course Renewal Process

Best practice for renewal of this type of training should be annually but no more than every 3 years.

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