

HSE Emergency First Aid at Work Course

Emergency First Aid at Work Course Overview

The HSE Emergency First Aid at Work Course meets the requirements of the Health and Safety (First Aid) Regulations 1981, that all organisations must have adequate first aid provision. This 1 day course is suitable for smaller low risk organisations who feel that the syllabus listed below meets the type of injuries common in your workplace and industry.

Our aim at Good Skills Training is that all learners should enjoy their Emergency First Aid at Work Course and that by the end of their course all learners should be safe, prompt, effective and confident first aiders in the workplace.

Emergency First Aid at Work Course Syllabus

- ✗ Responsibilities of the Emergency First Aider
- ✗ Primary Assessment
- ✗ Secondary Assessment
- ✗ CPR
- ✗ Seizures and Epilepsy
- ✗ Choking
- ✗ Shock and Bleeding
- ✗ Minor Injuries and Minor Burns

Emergency First Aid at Work Course Duration

6 Guided Learning Hours.

Usually run over 1 day, 9:30 - 16:30.

Emergency First Aid at Work Prerequisite

There are no formal prerequisites for this course.

Please inform us of any learning or physical special needs that any learners may have prior to the course, so that we can cater for these.

Emergency First Aid at Work Course Assessment Process

This course is continually assessed by our trainer.

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Emergency First Aid at Work Course Renewal Process

It is strongly recommended by the HSE that learners undergo an annual ½ day First Aid Refresher Course to keep their skills up to date.

After 3 years delegates must retake a HSE Emergency First Aid at Work Course to keep their qualification valid.

Other Courses of Interest

- × HSE First Aid at Work
- × HSE First Aid at Work Requalification
- × First Aid Annual Refresher
- × AED (*Defib*)
- × First Aid and Defib Instructors with Level 3 PTLLS
- × HABC Level 2 Award for Health and Safety in the Workplace
- × Manual Handling
- × Risk Assessment
- × Basic Fire Awareness (*includes practical fire extinguisher use*)
- × Fire Marshall (*includes practical fire extinguisher use*)

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