



Emergency First Aid at Work Course

The Emergency First Aid at Work Course is a one day designed to give delegates the knowledge, skills and confidence to help those that have become unconscious, and those with minor injuries. The Emergency First Aid at Work Course also looks at the responsibilities of the Emergency First Aider. On successfully completing this course, attendees will be confident, safe, prompt and effective Emergency first aiders.

Who is the Emergency First Aid at Work Course for?

- Those appointed as first aiders in small, lower risk companies, such as office environments.
- Anyone interested in the learning basic first aid techniques.

What is in the Emergency First Aid at Work Course syllabus?

- What is first aid
- Legal requirements of first aid in workplaces
- Responsibilities of the emergency first aider
- Primary survey
- CPR
- Basic principles of AED use – turning AED on, pad placement and following instructions
- Recovery position
- Choking
- Shock
- Bleeding
- Minor injuries – includes superficial burns, splinters, scrapes and grazes

How long does it take to complete the Emergency First Aid at Work Course?

- This course is normally completed in a day, 6 contact hours.
- The course can be run over multiple days; however, this costs more to deliver the course in this way. Please let us know when booking the course that you require more than one session.

What will be included in my Emergency First Aid at Work Course?

- Training to national standards
- Manual for each learner
- Certificates on successfully completing the course and assessments for each person

How is the Emergency First Aid at Work Course Assessed?

- Practical assessments to ensure competency in each assessment criteria
- Written multiple choice examination
 - 30-minute examination at the end of the course
 - 20 questions
 - Pass mark is 15

How is the Emergency First Aid at Work Course certificated, or Accredited?

- The Emergency First Aid at Work Course is accredited through the First Aid Industry Body (FAIB)
- Good Skills Training's registration number is **1765/97 (132)**
- On successfully completing the assessment all learners receive an A4 certificate (we can produce credit card certificates as well if required, please ask us for details and pricing on this)

Head Office
01473 551911

Isle of Wight &
Hampshire Office
01983 640142

Norfolk Office
01603 672545

www.GoodSkillsTraining.co.uk
info@GoodSkillsTraining.co.uk





How do I renew my Emergency First Aid at Work Course?

- 👤 It is strongly recommended by the Health and Safety Executive that all first aiders undergo ½ day annual refresher training.
- 👤 The Emergency First Aid at Work Certificate is valid for 3 years. At this point you undertake another First Aid at Work Course.

What routes for progression are there after my Emergency First Aid at Work Course?

- 👤 AED Course
- 👤 First Aid at Work Course



The First Aid Industry Body

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